### **The PIPAH Study**

The Prospective Investigation of Pesticide Applicators' Health Study

## PIPAH

### **FOLLOW-UP GENERAL QUESTIONNAIRE (2019)**

The Prospective Investigation of Pesticide Applicators' Health Study is a research study of the health of men and women who apply pesticides as part of their work activity. The research is carried out by HSE's Health & Safety Laboratory (HSE, Buxton).

All information provided will be treated as strictly confidential, and will only be used for medical research.

If you have any questions, please ring the freephone number 0800 093 4809 or email PIPAH@hse.gov.uk

INSTRUCTIONS FOR COMPLETING THE QUE	STIONNAIRE
Please answer each question like this, making sure that you v	write inside the boxes:
Please cross the box of your choice, for example: Male Or, write in the boxes, for example:  Typical number of hours per day spent working with pesticide 4	Female
Please note if you make a mistake please block fill the box that  Yes No	is not applicable and put a cross in the correct box, for example:
PLEASE USE BLACK INK AND BLOCK CAPITALS THROUG	HOUT THE QUESTIONNAIRE.
Study ID Number	
SECTION 1 About you  1. What is today's date?	Have you been in paid work (employed or self-employed) since January xxxx
Day Month Year Year	Yes No
2. How tall are you?  feet inches or cm	If <b>Yes</b> , please go to <b>Question 7</b> (Work History in Section 2) If <b>No</b> , are you:
3. How much do you weigh?  stones pounds or kg	Retired Other (please specify)
4. Do you have any children? (include living, deceased, stepchildren and adopted children) (please cross one)	In which year did you retire or stop working?'
Yes No	
5. Do you use pesticides outside of work activities, for example in your garden? (please cross one)	Please go to Section 4 (Your general health)
Yes No	

### **SECTION 2**

# Your work history

- Please describe all of the paid jobs you have had since January XXXX which lasted more than 6 months.
  - If one of your paid jobs started before XXXX, please enter the actual start month and year for this job. If the job you are describing is your current job, please put a cross in the column called 'Current Job'.

    - If you are a contractor, please consider this as one job unless you changed employment. If you retired since January XXXX, please put 'Retired' as your current job.

Current job	Job title	Industry	Location	Postcode district	Main activity of the company or organisation you worked for	Start month End m and year (if M M Y Y M M M	End month and year (if applicable)
	<b>Example:</b> A study partic. He now works as a const	<b>Example:</b> A study participant began working as a farmer in March 1997 and stopped in Octo. He now works as a consultant for the rest of the year. This information would be recorded as:	mer in March 19. r. This informatior	97 and stoppec n would be recc	March 1997 and stopped in October 2018. Information would be recorded as:	Please write the dates in MM-YY format, for example, November 1985 is written 11-85, and February 2010 is written 02-10	YY format, for written 11-85, written 02-10
	FARMER 11	AGRICULTURE	SHREWSBURY	SY5	GROWING CEREAL AND FODDER CROPS;	0 3 6 7 1 0	
]					REARING BEEF CATTLE		<u>-</u>
×	CONSULTANT	AGRICULTURE	SHREWSBURY	SY5	PROVIDING ADVICE	11 18 1	
	11						
	27						
	13						
	14						
	35						
	9f						
	71						

SECTION 3	Your wo	ork with pe	sticides	Protected ornamental crops			
Please note that for the p		this question	naire,	Hardy nursery stock			
<ul> <li>plant protection product plant growth regulators,</li> </ul>	s, for examp		25;	Outdoor ornamental flowers and bulbs			
<ul> <li>biocides used for pest co rodenticides and insect re</li> </ul>				Other			
and wood preservatives;  • veterinary medicines used	and		nouses,	Golf courses, bowling greens, sports grounds			
for example sheep dip, p			cts.	Amenity weed control:			
8. In the last year (Januar personally mixed, load	led, handle	d or applied		roads, pavements etc Forestry			
part of your job (please		No, please go	to Section 4	Aquatic			
9. In your work with pest a contractor?	ticides do y	ou normally v	work as	Pest control (rural)			
Yes	No			Pest control (urban)			
10. For the year January	to Decemb	er 2018, plea	se indicate	Poultry, Livestock or Animal house area			
your main areas of <b>pe</b> of the number of day	e <mark>sticide wo</mark> rs you perso	rk and enter onally mixed,	an estimate Ioaded,	Grain stores			
handled or applied peading and typically how ma	ny hours yo	ou spent per	day mixing,	Sprays applied around farm yards or gardens			
loading, handling or that apply)	applying p	esticides (piea	ise cross all	Other	П		
	Worked	Number	Typical	(please specify)	_		_,
	in this area	of days in past year	hours per day				
<b>Example:</b> A cereal grower days, on average working per day. This would be rec	with these p			11. Has YOUR DOCTOR EV	ER TOLD		you have
Field crops				any of the following? ( at diagnosis for all that a		oss and give	e approximate ag
Cereals (wheat,barley, oats,rye etc)				Lungs and airways		Yes	Age at diagnosis
Oilseeds (oilseed rape, linseed)				Asthma			
Potatoes				If yes, was asthma related to	work		Yes No
Sugar beet				exposures?			
Grassland and/or fodder crops				If yes, what was that exposu (please specify)	re		
Other arable crops				Chronic bronchitis			
Horticulture				Chronic obstructive pulmona disease (COPD)	ary		
Hops	П			Emphysema			
Orchard crops (apples,							
nears plums stal				Farmer's lung disease			
pears, plums, etc) Soft fruit (strawberries,				Farmer's lung disease  Lung cancer			
Soft fruit (strawberries, currants, etc)							
Soft fruit (strawberries,				Lung cancer			

	Yes	Age at diagnosis		Yes	Age at diagnosis
Pulmonary fibrosis			Peripheral vascular disease		
Sarcoidosis			Stroke		
Tuberculosis			Has YOUR DOCTOR EVER TOLD YO	<b>U</b> that yo	ou have any
Other chest condition (please specify)			of the following? (please cross and g diagnosis for all that apply)	ive approx	ximate age at
			Muscles and Skeleton	Yes	Age at diagnosis
			Lupus or SLE		
Has YOUR DOCTOR EVER TOLD YOU of the following? (please cross and give			Rheumatoid arthritis		
diagnosis for all that apply)	Voc	Ago at diagnosis	Scleroderma		
Nervous system	Yes	Age at diagnosis	Work-related back, neck		
Anxiety	Ш		or shoulder injury		
Depression			Other connective tissue disorders (please specify)		
Depression requiring medication or shock therapy					
Work related stress			Has YOUR DOCTOR EVER TOLD YO		
Other mental ill health problem not mentioned above (please specify)			of the following? (please cross and g diagnosis for all that apply)	ive approx	ximate age at
[			Eyes	Yes	Age at diagnosis
			Cataracts		
Alzheimer's disease			Detached retina		
Other dementia (please specify)			Glaucoma		
			Ocular melanoma		
Brain tumour			Retinal or macular degeneration		
Epilepsy or seizures (not related to high fever)			Has YOUR DOCTOR EVER TOLD YO		
Motor neuron disease or Amyotrophic lateral sclerosis (ALS)			of the following? (please cross and g diagnosis for all that apply)	iive approx	ximate age at
Multiple sclerosis			Skin	Yes	Age at diagnosis
Parkinson's disease			Acne		
Other neurological problem (related to muscles, nerves, or weakness)	П		Dermatitis - work-related		
(please specify)			Eczema (or atopic dermatitis)		
			Shingles		
Has YOUR DOCTOR EVER TOLD YOU	that yo	ou have any	Skin cancer – melanoma	П	
of the following? (please cross and give diagnosis for all that apply)			Skin cancer – non-melanoma		
Heart and Blood Vessels	Yes	Age at diagnosis	Skin cancer – unknown		
Angina (chest pains)			Other skin problems (please specify)		
Arrhythmia (irregular heart beat)			other skin problems (please specify)	Ш	
High blood pressure requiring medication					
Leukaemia			Has YOUR DOCTOR EVER TOLD YO of the following? (please cross and g diagnosis for all that apply)		
Lymphoma			Diabetes and Thyroid Gland	Yes	Age at diagnosis
Myocardial infarction (heart attack)			Diabetes – type 1		
, - car a.aaredon (near t attack)			Diabetes – type 2		

	Yes	Age at diagnosis				Yes	Age at	diagnosis
Goitre			Ulcerative colitis or 0	Crohn's o	disease			
Thyrotoxicosis/Grave's disease (excess thyroid hormone)			Head injury requiring attention	g medica	al			
Other thyroid disease problems (please specify)			Injury from farm ma medical treatment (r head injury)					
Has YOUR DOCTOR EVER TOLD YOU	<b>J</b> that yo	ou have any	Allergies  12. Do you have any	, nasal :	allorgios	including	hay foyo	r?
of the following? (please cross and gi diagnosis for all that apply)	ve appro	ximate age at	Yes	y Hasar e	riiergies, F	∏No	nay reve	1:
Kidneys	Yes	Age at diagnosis	13. Have you ever h	ad anv	ے kind of sk	_	ı. includir	na
Chronic kidney infections or pyelonephritis			eczema?	, ,	Г	¬No	•	3
Kidney cancer				<b>.</b>	L .:4- 4:	_	2	
Kidney failure not requiring any treatment			14. Are you allergic	to any	insect stir	No	es?	
Kidney failure requiring dialysis or transplant			15. Do you have any	y food s	ensitivitie	es?		
Kidney stones			Yes			No		
Nephritis, or nephrosis			If yes, please specif	y:				
Other kidney disease (please specify)								
			General health					
Has YOUR DOCTOR EVER TOLD YOU of the following? (please cross and girdiagnosis for all that apply)	ve appro.	ximate age at	work because o on sick days, time your health prob	es you w				
Liver	Yes	Age at diagnosis		lavs in th	ne last yea	ır		
Liver cancer	Ш			,				
Liver function problems (please specify)			17. In the past 12 m					
			ολροιτοιτού α τι	Never	Less	1-3	Once a	More
Has YOUR DOCTOR EVER TOLD YOU of the following? (please cross and gi					than once a month	times a month	week	than once a week
diagnosis for all that apply)	ve аррго.	ximate age at	Dizziness					
Other	Yes	Age at diagnosis	Feeling tense,					
Breast cancer			anxious, or nervous					
Bowel cancer			Nausea/vomiting Feeling unusually					
Prostate cancer			tired, sleepy, or low energy most					
Stomach cancer			of the day					
Other cancer not mentioned above (please specify)			Sweating a lot more than usual					
Glandular fever or Mononucleosis			Difficulty seeing at night					
Lead poisoning								
Pesticide poisoning								
Solvent poisoning								

		Less	1-3		More	Health related quality of life	
	Never	than once a month	times a month	Once a week	than once a week	18. Under each heading, please cross the ONE box that describes your health TODAY	best
Being absent						MOBILITY	
minded, forgetful, or confused	Ш	Ш	Ш	Ш	Ш	I have no problems in walking about	
						I have slight problems in walking about	
Headache						I have moderate problems in walking about	
						I have severe problems in walking about	
Loss of appetite						I am unable to walk about	
						SELF-CARE	
Fast heart rate						I have no problems washing or dressing myself	
Diffi and an order						I have slight problems washing or dressing myself	
Difficulty with balance						I have moderate problems washing or dressing myself	
Blurred vision or						I have severe problems washing or dressing myself	
double vision						I am unable to wash or dress myself	
D. ((, )						USUAL ACTIVITIES (e.g. work, study, housework, family or leisure activities)	
Difficulty concentrating						I have no problems doing my usual activities	
Numbness or pins-						I have slight problems doing my usual activities	
and-needles in your hands or feet						I have moderate problems doing my usual activities	
						I have severe problems doing my usual activities	
Momentary loss of consciousness						I am unable to do my usual activities	
Facilia a avecacively						PAIN / DISCOMFORT	
Feeling excessively irritable or angry						I have no pain or discomfort	
Shaking or						I have slight pain or discomfort	
trembling of your hands						I have moderate pain or discomfort	
Difficulty falling						I have severe pain or discomfort	
asleep or staying asleep						I have extreme pain or discomfort	
						ANXIETY / DEPRESSION	
Difficulty speaking						I am not anxious or depressed	
\A/						I am slightly anxious or depressed	
Weakness in your arms or legs						I am moderately anxious or depressed	
Changes in your canse						I am severely anxious or depressed	
Changes in your sense of smell or taste						I am extremely anxious or depressed	
Feeling depressed,							
indifferent, or withdrawn without						€ EQ-5D	
particular reason Twitches, jerks,						EuroQol Research Foundation	
or involuntary movements of your arms or legs						EQ-5D™ is a trade mark of the EuroQol Research Foundation	

- We would like to know how good or bad your health is TODAY
- This scale is numbered from 0 to 100.
- 100 means the best health you can imagine.
   0 means the worst health you can imagine.
- Mark an X on the scale to indicate how your health is TODAY.
- Now, please write the number you marked on the scale in the box below.

The best health you can imagine

	,	
		100
		100
		95
		,,
		90
		90
		85
		80
		75
		70
		C.F.
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our health today =		50
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		10
		_
		5
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		0
	The worst heal	th
	you can imagir	
	vou can imagir	16



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#### **Personal well-being**

19. The following four questions relate to aspects of your life. There are no right or wrong answers. For each of these questions please answer on a scale of nought to 10, where nought is 'not at all' and 10 is 'completely'.

For example, for the first question, if someone is completely satisfied with their life nowadays, they would enter '10'

				t at all') to mpletely')				
Overall, how satisfied are you nowadays?	ou with y	our life						
Overall, to what extent do you feel that the things you do in your life are worthwhile?								
Overall, how happy did you								
On a scale where nought is and 10 is 'completely anxiou anxious did you feel yesterd	us', overa							
SECTION 5	Family	/ medic	al histo	у				
20. Do or did any of your B	LOOD re	latives ev	er suffer fr	om?				
	Your father	Your mother	Your brothers or sisters	Your children				
Heart attack before age 50 years								
Stroke								
Diabetes								
Kidney failure								
Asthma								
Chronic bronchitis								
Chronic Obstructive Pulmonary Disease (COPD)								
Emphysema								
Alzheimer's disease/ dementia								
Parkinson's disease								
Severe depression								
Melanoma of skin								

	Your father	Your mother	Your brothers or sisters	Your children		My work invol handling of he electrician, car postal delivery	avy obje penter,	ects and use cleaner, hosp	of tools (e.g	. plumber,		
Other skin cancer						My work invol			Lactivity incl	udina		
Lymphoma (Hodgkin's disease or non-Hodgkins lymphoma)						handling of ve construction v	ry heavy	y objects (e.g	scaffolder,	uunig		
Leukaemia (blood cancer)	eukaemia (blood cancer)							22. During the <b>last week</b> , how many hours did you spend o each of the following activities? <i>Please answer whether yo are in employment or not</i>				
Brain tumour					are	iri employment c	None	Some but less than 1 hour	1 hour or more but less than	3 hours or more		
Lung cancer					Physical	exercise		THOU	3 hours			
Stomach cancer					such as jogging	swimming, , aerobics, , tennis, gym						
Bowel or colorectal cancer						including						
Prostate cancer					cycling	to work and eisure time						
Breast cancer					walking	g, including to work,	П	П	П	П		
Other cancer					etc.	ng, for pleasure						
Why are we asking the These questions on your lifestyle, diet, smoking h	Housew	ork/Childcare										
circumstances are very in already known that thes So before we can begin any long term health eff	e factor to inves ects, we	s can affe tigate if p e need to	ect your ho pesticides be able to	Garden	ing/DIY							
for these other factors d	luring th	e analysi:	5.			w would you de ase cross one bo		your usual v	valking pac	e?		
SECTION 6	Your I	ifestyle				Slow pace (les	s than 3	mph)				
Sections	Tour	restyle				Steady average	e pace					
Physical activity						Brisk pace						
21. Please tell us about th activity involved in yo						Fast pace (over						
I am not in employ				health	mai	a typical day fing hours do yon? (enter '0' if le	u spend	doutdoors				
reasons, anempro	, ca, ra		ctc.,		On	a working day			hours a c	lay		
I spend most of m office)	y time at	work sitti	ng (such as	s in an	On	a non working c	lay		hours a c	lay		
I spend most of m						v many days do september? (en				rom April		
However, my work physical effort (e.g guard, childminde	g. shop as				Nun	nber of days wo	rked		per week	(		

20.	what type of sun protection do you usually use? (please	(please cross one)					
	cross all that apply)	Never or rarely Often					
	Sunscreen or sunblock	Sometimes Do not know					
	Wear a baseball-type cap	34. Have you made any major changes to your diet in the last					
	Wear another type of hat with a brim	five years? (please cross one)					
	Wear a long-sleeved shirt	☐ No ☐ Yes, because of illness					
	Do not use any of the above	Yes, because of other reasons					
	Not applicable	35. Please cross the box(es) if you NEVER eat or drink					
S	ECTION 7 Your diet	(please cross all that apply)					
27	About how many PIECES OF FRUIT do you eat EACH WEEK?	Eggs or foods containing eggs					
۷1.	(count one apple, one banana or 10 grapes as one piece, or	Dairy products					
	one tablespoon of stewed, tinned or dry fruit as one piece; 0 if less than one)	Fish					
		Meat or poultry					
	fresh or frozen fruit dried fruit	Wheat or gluten containing products  Sugar or food/drinks containing sugar					
	tinned fruit stewed fruit						
28.	About how much do you eat EACH WEEK of: (number of tablespoons a week; '0' if less than one)						
		SECTION 8 Tobacco and alcohol					
	cooked vegetables (except potatoes)	36. Do you smoke tobacco? (please cross one)					
	salad items/raw vegetables	☐ Yes ☐ No					
29.	How much BREAD do you eat EACH WEEK?						
	(slices or rolls a week; '0' if less than one)	37. Have you ever smoked as much as 1 cigarette per day, or 1 cigar per week, or 1 oz of tobacco a month, for as					
	wholemeal bread (include white with added wholemeal eg 50/50)	long as a year? (please cross one)					
	Wholemear eg 30/30/	Yes No (if no, please go to question 39)					
	white bread other bread	38. At what age did you first smoke regularly?					
30.	How many bowls of CEREAL do you eat EACH WEEK?	56. At what age did you hist shoke regularly:					
	('0' if less than one)	years					
	All Bran	Do/did you smoke mainly cigarettes? (please cross one)					
	Branflakes or muesli	Yes No					
	wholewheat (eg Weetabix, shredded wheat)	If mainly a cigarette smoker, how many cigarettes do/did you smoke a day?					
	other cereal (eg oats, porridge, cornflakes)						
31.	How much YOGHURT do you eat EACH WEEK	per day					
	('0' if less than one)	If ex-smoker, at what age did you last smoke?					
	dairy yoghurt or desserts (number of small pots)	years					
	soya yoghurt or desserts (number of small pots)	39. About how often do you currently drink alcohol?					
32.	About how many TIMES A WEEK do you usually eat?	(please cross one)					
	('0' if less than one)	Daily or almost daily  One to three times a month					
	any fish (fresh, frozen or tinned)	Three or four times a week Special occasions only					
	tinned tuna	Once or twice a week					
	oily fish (eg salmon, sardines, pilchards, herring, kipper, eel and whitebait)	Do not drink alcohol now (if none, please go to question 42)					
	any bacon, ham, sausages, salami						
	any beef, lamb, pork (fresh or frozen)						

any poultry (chicken, turkey, etc)

how much do you drink? (please enter number; enter '0' if less than one.)	Own (or mortgaged)				
Beer, lager or cider, half pints	Rent				
ordinary strength  Beer, lager or cider, strong half pints	Other				
	47. How many people live in your household?				
Wine, medium size medium glasses (175 ml	Number of children under 16 years living in your household				
Wine, large size large glasses (250 ml)	Number of people aged 16 years or more (including you)				
Fortified wine, eg sherry or port measures	40 Mhish of the fallowing describes your grown this setion?				
Spirits, small size small pub measures	48. Which of the following describes your current situation? (please cross one)				
Spirits, standard size standard pub measure	s Working as an employee				
Alcopops bottles (275 ml)	Self-employed or freelance				
41. When you drink alcohol is it usually with meals?	Student				
(please cross one)	Retired  Looking after home and/or family				
Yes No It varies	Unable to work because of your sickness or disability				
42. In the past, about how often did you drink alcohol?	Unemployed				
(please cross one)	None of the above				
Daily or almost daily One to three times a month	49. Have you ever lived on a farm? (please cross one)				
Three or four times a week Special occasions only	Yes No (if no, please go to question 53)				
Once or twice a week Did not drink alcohol	50. How old were you when you first lived on a farm?				
SECTION 9 Your circumstances	years old				
43. Are you? (please cross one)	51. Are you still living on a farm? (please cross one)				
Never married/civil partnered	Yes (if yes, please go to question 53) No				
Married/Civil partnered	52. How old were you when you stopped living on a farm?				
Living together	years old				
Widowed	E2. Have you over worked on a farm? (closes gross one)				
☐ Divorced/Separated ☐ Other	53. Have you ever worked on a farm? (please cross one)				
	Yes No (if no, please go to question 59)				
44. How old were you when you finished full-time school, college or university?	54. How old were you when you started working on a farm?				
years old	years old				
	55. Over your lifetime, how many years have you worked on a				
45. What is your highest level of qualification? (please cross one)  No formal qualifications	farm? (please cross one)  Less than 5 years 21-30 years				
GCSE/O-level or equivalent	5-10 years More than 30 years				
A-level or equivalent	11-20 years				
Vocational qualification					
First degree					
Higher degree					
Other (please specify)					

56. Do you currently work on a farm? (please cross one)	Goats
Yes No (if no, please go to question 59)	Horses or donkeys
E7 Hour many hostowas/agree are group on the form	Pigs
57. How many hectares/acres are grown on the farm where you work? (please cross one)	Poultry (broiler, commercial scale)
Less than 15 hectares (37 acres)	Poultry (eggs, commercial scale)
15-29 hectares (37-73 acres)	Sheep
30-49 hectares (74-123 acres)	Other farm animals (please specify)
50-99 hectares (124-246 acres)	
100 hectares or more (247 acres)	
None	59. What type of farm(s) have you lived or worked on? (please cross all that apply)
58. Which animals are raised on the farm where you work? (please cross all that apply)	Crop production, including perennial & non-perennial crops  Animal production
None	Mixed farming
Cattle (beef)	Never lived or worked on a farm
Cattle (dairy)	

### Thank you for taking part in the study and for completing this questionnaire.

### Contact details for the study team

Freephone: 0800 093 4809

Email: PIPAH@hse.gov.uk

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Please return the questionnaire in the envelope provided.